

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	38.5	12.5	25	65	0.1	3.2	0.95
Gender	1.2	0.4	1	2	0.0	3.0	0.98
Marital Status	1.5	0.5	1	3	0.2	3.5	0.92
Education	12.5	2.5	9	16	0.3	3.8	0.88
Income	1500	500	1000	2500	0.4	4.0	0.85
Occupation	1.8	0.6	1	3	0.1	3.1	0.96
Health Status	1.2	0.4	1	2	0.0	3.0	0.98
Stress Level	2.5	1.0	1	4	0.5	4.5	0.75
Life Satisfaction	3.5	1.5	1	5	0.2	3.5	0.92
Resilience	2.8	1.2	1	4	0.3	4.0	0.88
Emotional Stability	3.2	1.0	1	4	0.1	3.2	0.95
Physical Health	1.5	0.5	1	2	0.0	3.0	0.98
Mental Health	2.0	0.8	1	3	0.2	3.5	0.92
Social Support	2.5	1.0	1	4	0.3	4.0	0.88
Life Events	1.8	0.6	1	3	0.1	3.1	0.96
Personal Growth	3.0	1.2	1	4	0.2	3.5	0.92
Relationship Quality	2.2	0.8	1	3	0.1	3.2	0.95
Work-Life Balance	2.0	0.8	1	3	0.2	3.5	0.92
Financial Stability	1.5	0.5	1	2	0.0	3.0	0.98
Healthcare Access	1.2	0.4	1	2	0.0	3.0	0.98
Community Involvement	1.8	0.6	1	3	0.1	3.1	0.96
Personal Resilience	2.5	1.0	1	4	0.3	4.0	0.88
Emotional Well-being	3.0	1.2	1	4	0.2	3.5	0.92
Physical Well-being	1.5	0.5	1	2	0.0	3.0	0.98
Social Well-being	2.0	0.8	1	3	0.1	3.2	0.95
Life Satisfaction	3.5	1.5	1	5	0.2	3.5	0.92
Resilience	2.8	1.2	1	4	0.3	4.0	0.88
Emotional Stability	3.2	1.0	1	4	0.1	3.2	0.95
Physical Health	1.5	0.5	1	2	0.0	3.0	0.98
Mental Health	2.0	0.8	1	3	0.2	3.5	0.92
Social Support	2.5	1.0	1	4	0.3	4.0	0.88
Life Events	1.8	0.6	1	3	0.1	3.1	0.96
Personal Growth	3.0	1.2	1	4	0.2	3.5	0.92
Relationship Quality	2.2	0.8	1	3	0.1	3.2	0.95
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Healthcare Access	1.2	0.4	1	2	0.0	3.0	0.98
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Emotional Well-being	3.0	1.2	1	4	0.2	3.5	0.92
Physical Well-being	1.5	0.5	1	2	0.0	3.0	0.98
Social Well-being	2.0	0.8	1	3	0.1	3.2	0.95